



# MOCKTAILS

## ( Non-alcoholic )

### BLOOD ORANGE JUICE

#### CITRUS SPARKLER PUNCH

250ml Bickford's Lime Juice Cordial  
250ml Bickford's Lemon Juice Cordial  
2 (750ml) cans unsweetened pineapple juice  
1 Litre Bickford's Blood Orange Juice  
2 Litres Soda Water  
2 Litres Ginger Ale  
2 Lemons  
2 Oranges  
1 cup of sugar (or sweetened to taste)

This will fill two punch bowls. Mix first 4 ingredients together. This can be done ahead of time. When ready to serve, pour half of the mixture into a punch bowl. Add 1 litre of ginger ale and 1 litre of soda water. Add slices of fresh lemon and orange for decoration. \*\* Note that Bickford's Blood Orange Juice can be substituted with Bickford's Cranberry Juice Drink or Bickford's Pomegranate Juice.

#### BUGS BUNNY

50ml Carrot Juice  
50ml Bickford's Blood Orange Juice  
Dash of Tabasco Sauce

Build ingredients over ice in a tumbler. Garnish with a celery stick and serve.

#### CITRUS FLIP

100ml Bickford's Blood Orange Juice  
30ml Bickford's Lime Juice Cordial  
¼ cup Bickford's Lemon Juice Cordial  
½ cups mineral water  
½ egg yolk  
Sugar to taste (optional)  
Crushed ice  
Orange slice for garnish

Blend Juices, sugar, and egg yolk with crushed ice. Stir in mineral water when serving.

### SAN FRANCISCO

25ml Bickford's Blood Orange Juice  
25ml Bickford's Lemon Juice Cordial  
25ml Pineapple Juice  
25ml Grapefruit Juice  
12.5ml Cawseys Grenadine  
A dash of egg white  
Soda Water

Shake ingredients (apart from soda water) with ice and strain over fresh ice into a hurricane glass. Garnish with lemon, lime, and orange wedges.

### SUNSHINE SWEETY

30ml Strawberry Juice  
30ml Bickford's Blood Orange Juice  
30ml Bickford's Blood Orange Juice  
30ml Banana Puree  
Strawberry

Build in a chilled cocktail glass and garnish with a strawberry on the edge of the glass.

### BLOOD ORANGE ICED TEA

240ml Bickford's Blood Orange Juice  
240ml strong, brewed iced tea  
1 tablespoon sugar

Shake in a cocktail shaker half filled with cracked ice; strain into a chilled cocktail glass. Add ice, garnish with a lemon slice and serve.

### SPRING FEVER

60ml Bickford's Blood Orange Juice  
20ml Bickford's Lemon Juice Cordial  
45ml Apple Juice

Add all ingredients to a cocktail shaker and shake well. Strain into a tall glass half filled with ice. Garnish with a slice of orange and serve.







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### CRANBERRY JUICE

#### MOCK BELLINI

Sugar for rim of glass  
2 Tablespoons Chilled Bickford's Cranberry Juice Drink  
2 Tablespoons Chilled Classic Nectar Peach Fruit Nectar  
½ Teaspoon freshly squeezed lemon juice  
Soda Water

Wet rim of champagne flute and dip into sugar. Pour in Chilled Bickford's Cranberry Juice, Peach Nectar, and lemon juice. Add Soda water to fill.

#### GENTLE SEA BREEZE

Bickford's Cranberry Juice Drink  
Pineapple Juice  
Sprig of Mint

Shake a mixture of equal measures of cranberry juice and pineapple juice, and strain into a glass filled with crushed ice. Garnish with a sprig of mint.

#### BERRY SWEETHEART

90ml Bickford's Cranberry Juice Drink  
90ml Apple Juice  
30ml Honey  
Maraschino Cherry for garnish

Fill a highball glass with ice cubes. Add the juices and honey to a mixing glass. Stir the ingredients then pour the contents of the mixing glass into the highball glass. Garnish with a maraschino cherry and serve.

#### CRANBERRY LASSI

60ml Yoghurt  
150ml Bickford's Cranberry Juice Drink  
30ml Bickford's Lemon Juice Cordial  
½ cup crushed ice

Pour all ingredients into a blender. Blend well at high speed and serve in a tall glass.

#### SAFE SEX ON THE BEACH

60ml Classic Nectar Peach Fruit Nectar  
90ml Bickford's Cranberry Juice Drink  
90ml Bickford's Blood Orange Juice  
Maraschino Cherry to garnish

Mix all ingredients and pour over ice. Garnish with a maraschino cherry and serve.

#### CRANBERRY COOLER

60ml Bickford's Cranberry Juice Drink  
½ Tablespoon Bickford's Lime Juice Cordial  
Soda Water

Add juice to a tall glass filled with ice. Fill with Soda Water, garnish with a slice of lime and serve.

#### SPRING FEVER

25ml Bickford's Lemon Juice Cordial  
25ml Mango Syrup  
45ml Apple Juice  
60ml Bickford's Blood Orange Juice

Pour all ingredients into a cocktail shaker with ice. Shake well and strain into a tall glass half filled with ice.





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### PRUNE JUICE

#### EARLY RISER SMOOTHIE

75ml Bickford's Prune Juice  
75ml Apple Juice  
75ml Natural Yoghurt

Chill all ingredients thoroughly before starting. Put all ingredients in a blender and blend until smooth.

#### PRUNE JUICE SMOOTHIE

1 medium banana, peeled  
3 ice cubes  
1 teaspoon honey  
½ cup chilled Bickford's Prune Juice  
¼ cup plain vanilla or low fat yoghurt

In blender container, combine banana, Bickford's Prune Juice, yoghurt and honey. Cover and blend until smooth. Add ice cubes; cover and blend until ice is just chopped.

#### PLUM AND PRUNE SMOOTHIE

½ cup plums, stoned and chopped  
1 cup Bickford's Prune Juice  
1 cup low fat vanilla yoghurt  
½ cup buttermilk  
1 ¼ cups soy milk, calcium enriched  
8 large ice cubes

Blend all ingredients in a blender until smooth. Serve.

#### APPLE AND PRUNE JUICE

180ml Bickford's Prune Juice  
120ml Apple Juice

Mix and serve over ice in a Highball glass.

### POMEGRANATE JUICE

#### JULEP

30ml Bickford's Pomegranate Juice  
45ml Grapefruit Juice  
15ml Bickford's Lime Juice Cordial  
15ml Honey Syrup (Mix two parts honey with one part hot water and stir. Wait to cool before mixing with ingredients)  
2 mint sprigs

Add one mint sprig in cocktail shaker with honey syrup. Add remaining ingredients and shake over ice. Strain over ice into a chilled rocks glass. Garnish with the remaining mint.

#### ICED TEA

60ml Bickford's Pomegranate Juice  
150ml Tea  
30ml Simple Syrup (Equal parts sugar and cold water dissolved together)  
Lemon Wedge for garnish

Prepare Tea and cool. Mix the ingredients and pour over ice in a tall glass. Garnish with a lemon wedge.

#### POMEGRANATE SPRITZER

½ Bickford's Pomegranate Juice  
½ Sparkling Mineral Water  
Slice of Lime

Combine ingredients in a chilled highball glass over ice.

#### POMEGRANATE REFRESH

6 black seedless grapes  
15ml Bickford's Pomegranate Juice  
60ml Pink Grapefruit Juice  
Crushed Ice

Crush grapes to a pulp, retaining the skin. Add Bickford's Pomegranate Juice and Pink Grapefruit Juice. Stir with crushed ice and serve.

